



The people you serve may have needs beyond the care you provide, and it's not always easy to know where to send them for help.

211 is a free service.

DOWNLOAD THE 211 IOWA APP

to find free assistance with:

Food relief
Rent/housing
Utility payments
Legal services

Crisis intervention
Disability services
Elderly services
Employment

Family support
Addiction services
Mental health care
Much more

Interpretation services for **150+ languages**

Available **24/7**

Help navigators are ready to **assist** in identifying local services

Anyone may download the free **211 Iowa app**, dial **2-1-1 from any phone**, or visit **211Iowa.org**

