



The people you serve may have needs beyond the care you provide, and it's not always easy to know where to send them for help.

211 is a free service.

DOWNLOAD THE 211 IOWA APP

to find free assistance with:

- Food relief
- Rent/housing
- Utility payments
- Legal services

- Crisis intervention
- Disability services
- Elderly services
- Employment

- Family support
- Addiction services
- Mental health care
- Much more

Interpretation services for **150+ languages**

Available **24/7**

Help navigators are ready to **assist** in identifying local services

Anyone may download the free **211 Iowa app**, dial **2-1-1 from any phone**, or visit **211Iowa.org**

