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Iowa



The 211 Helpline offers dedicated, local support for anyone requiring essential assistance.

Dial 211

Toll-free **866.813.1731**

Text your ZIP code to **898211**

Available online at **211iowa.org**

The 211 Helpline is a free service that refers callers to these health and human services:

- Clothing
- Counseling
- Elder Abuse/Neglect
- Employment
- Food Pantries/Meal Sites
- Financial Assistance
- Health Clinics
- Housing Assistance
- Landlord/Tenant Issues
- Seasonal Services:
 - Holiday Assistance
 - Tax Preparation
- Shelters:
 - Domestic Violence
 - Homeless
 - Sexual Assault
- Transportation
- Utility Assistance

211 can assist people in 240 languages through the use of our Language Line translation services. Services are also accessible for people with disabilities.